

The Retreat  
  
Beauty Salon

89 Newry Street,  
Banbridge, Co. Down.

**Telephone: (028) 406 62552**

24 hour answer phone

**[www.retreatbeauty.co.uk](http://www.retreatbeauty.co.uk)**

**OPENING HOURS:**

Monday .....	9.30 a.m. to 6.00 p.m.
Tuesday .....	9.30 a.m. to 6.00 p.m.
Wednesday .....	9.30 a.m. to 6.00 p.m.
Thursday .....	9.30 a.m. to 9.00 p.m.
Friday .....	9.30 a.m. to 9.00 p.m.
Saturday .....	9.30 a.m. to 5.45 p.m.

*Offering a wide range of Beauty Treatments  
carried out by our highly qualified team  
of Beauty Therapists*

## SPECIALISED FACIALS

### HYDRADERMIE — Suitable for all skin types

One and a quarter hours of sheer relaxation suitable for all ages and all skin types. A monthly Hydradermie deep cleanses, rehydrates and regenerates the complexion. The treatment supported by recommended home care will give noticeable, long term benefits.

*Time 1 hour 15 mins (including consultation) Price £38.00*

### HYDRA PLUS

The Ultimate Facial. This 3 in 1 treatment will help diminish specific ageing problems associated with the delicate eye and neck areas. One and three quarter hours of heavenly relaxation resulting in a youthful and healthy glowing skin. Total pampering with three massages.

*Time 1 hour 45 mins Price £50.00*

### LIFTOSOME

After mild cleansing, the skin is ready to absorb all the benefits of Liftosome active ingredients. A firming serum and a restructuring cream are gently stroked on, followed by a mask that activates the ingredients. This mask gradually increases the penetration and diffusion of the firming agents right to the base of the skin. After 15 minutes the mask is removed leaving skin that is visibly firmer and remodelled facial contours, ideal treatment before special occasions.

- Leaves the skin feeling unbelievably firm
- Smooths the features wonderfully
- Visibly relaxes the face
- Remodels the facial contours

For more lasting results 2 treatments over 2 successive weeks.

*Time 45 mins Price £36.00*

### EYE HYDRADERMIE

A treatment which helps to reduce the shadows, fine lines and puffiness which can affect the delicate tissues around the eyes.

*Time 45 mins Price £25.00*

### BACK HYDRADERMIE

The back treatment removes the strain from tense muscles. Excellent for both men and women.

*Time 1 hour 30 mins Price £40.00*

## BEAUTÉ NEUVE

The Beauté Neuve is a medically researched facial based on the fruit acids and fruit enzymes. Within 45 minutes this spectacular treatment creates a 'peeling' effect by eliminating the dead cells that dull the complexion and bear the skins imperfections, wrinkles, fine lines, brown spots and pimples.

*Time 45 mins*

~~Price £82.00~~ £40.00

*Course of 3*

~~Price £246.00~~ £110.00

### STEAM FACIAL — Beneficial for oily skin

Using either Clarins or Guinot products, this facial consists of a peel to remove dead cells, a steam to clear blocked pores, face, neck and shoulder massage to ease tension and a nourishing mask. A good facial suitable for all ages.

*Time 1 hour*

*Price £33.00*

### TEENAGE FACIAL

Perfect for teenagers or problem skin. Includes cleanse, steam, blackhead removal and mask.

*Time 45 mins*

*Price £18.00*

### FOR THE LADY WHO IS ALWAYS IN A HURRY

Why not have a quick facial to keep your skin in tip-top condition. Includes cleanse, tone, peel, mask, moisturise.

*Time 30 mins*

*Price £15.00*



For blemishes on the back, full cleanse and exfoliation, extraction and mask.

*Time 45 mins*

*Price £26.00*

## CLARINS FACIALS

### THE CLARINS TOUCH

This relaxing aromatic facial is individually tailored to suit the client's skin requirements. It is a sensory experience that leaves the client with super-soft, glowing skin.

Choose from one of the following:

### CLARINS PURIFYING FACIAL

Purifies and balances oily congested skin.

*Time 1 hour Price £34.00*

### CLARINS HYDRATING FACIAL

Hydrates and nourishes dry skin.

*Time 1 hour Price £34.00*

### CLARINS REVITALISING FACIAL

Revitalises dull, dried skin.

*Time 1 hour Price £34.00*

### CLARINS SOOTHING FACIAL

Soothes and revives dehydrated and sensitive complexions.

*Time 1 hour Price £34.00*

## NIMUE FACIAL

Newly introduced to the salon, Nimue has a new generation approach to skin care. Introducing AHAs to the skin in the correct concentration, combinations and strengths, as well as vitamin A and antioxidants.

### What you can expect with Nimue:

- Increased restoration of the skin's natural radiance and vitality.
- Increased elasticity.
- A balanced skin colouring.
- A reduction in fine lines and wrinkles.
- A younger, healthier-looking skin.
- Alleviation of excessive dryness or oiliness.
- Improvement of hyperpigmentation.
- Improvement in problematic skin.

Nimue has specially designed treatment programmes for all skin classifications.

- Environmentally damaged skin.
- Problematic skin.
- Hyperpigmented skin.

During the treatment, our highly trained skin care professional will guide the user.

*Time 1 hour Price £40.00*

## NON-SURGICAL FACE-LIFTS

The Face and Body Perfector, a microcurrent machine, which works in conjunction with your own bio-electrical system to re-educate the muscle by lengthening or tightening them accordingly while enhancing the skin tone and texture. This is what is called a "Non-Surgical Face-Lift".

### Here are some of the features:

- Lifts the sagging muscles of the face, neck and jaw.
- Tightens and reduces open skin pores.
- Improves general skin colour and texture via improved circulation.
- Reduces and smooths lines and wrinkles caused by the effects of time, gravity and lifestyle.
- Reduces swelling and dark circles under and around the eye area via lymphatic drainage.
- Tones flabby and sunken areas.
- Diminishes the appearance of scar tissue and acne.
- Relaxes and improves clients of all ages and gender.
- Generally gives a more youthful vital appearance to the face.

Please ask one of our highly trained therapists for more information and book in for a client consultation today.

*Time 1 hour 15 mins Price £36.00*

*Course of 12 Price £360.00*

*Instalments accepted when booking course of 12*

## MENS TREATMENTS

### MENS FACIAL

A facial suitable for all skin types using the Clarin's men's range. Includes: Cleanse Exfoliation, Steam, Blackhead Removal, Face, Neck and Shoulder Massage and Mask

*Time 1 hour Price £33.00*

### MASSAGE

Men's back, neck and shoulder massage to relieve deep tension and stress areas.

*Time 30 mins Price £18.00*

### WAXING

*Chest Wax Price £14.00*

*Back and Chest Wax Price £26.00*

## BODY TREATMENTS

### REFLEXOLOGY

Reflexology can be used to restore and maintain the body's natural balance and encourage healing. The body has the ability to heal itself. Following illness, stress, injury or disease, it is in a state of 'imbalance' and vital energy pathways are blocked preventing the body from functioning effectively. Reflexology treats the whole person, not the symptoms of disease. Most people benefit from treatment, it is a natural way of relaxing, balancing and harmonising the body.

Time 45 mins

Price £25.00

### MASSAGE

Using plant oils, we can massage different areas of the body relieving tension and stress. A great way to relax.

FULL BODY MASSAGE (1 Hour) ..... £34.00

BACK, NECK, SHOULDER & FACE MASSAGE ..... £20.00

BACK, NECK & SHOULDER (30 Mins)..... £18.00

BACK MASSAGE (20 Mins) ..... £15.00

### STONE THERAPY

A hot stone massage, using smooth Basalt (volcanic) stones to deliver a wonderfully warm, deeply relaxing massage. One stroke with a warm stone is equivalent to between 5-10 by hand. This makes warm stone therapy 5-10 times more effective. All stone massage treatments include body brushing.

FULL BODY MASSAGE (1 hour 15 mins) ..... £40.00

BACK, NECK & SHOULDER (45 mins)..... £25.00

### INDIAN HEAD MASSAGE — TENSION RELIEVER

Incorporates an extremely deep, upper back, shoulder, neck, head, scalp and face massage, whilst seated. Shoulders and neck are relaxed, helping ease headaches and tight scalps. As headaches and fatigue are relieved the feeling of total relaxation is felt throughout the whole body.

Time 45 mins

Price £25.00

### THE STRESS BUSTER

Just what you need to de-stress and relax. A hot stone massage, using smooth Basalt (volcanic) stones to deliver a wonderfully warm, deeply relaxing massage. One stroke with a warm stone is equivalent to between 5-10 by hand. This makes warm stone therapy 5-10 times more effective. All stone massage treatments include body brushing.

Time 1 hour 15 mins

Price £40.00

### THE UNIVERSAL CONTOUR BODY WRAP

The All Natural Sea Clay wrapping process with a guaranteed inch loss which stays off. Totally natural, effective and safe way to achieve lasting inch loss, detoxify the body, cleanse the skin and leave you feeling totally rejuvenated, with wonderfully smooth, silky skin. If you are thinking of starting a diet, this is a marvellous incentive. Excellent for cellulite.

CLIENTS ARE ADVISED TO BRING A TOWEL AND A CHANGE OF UNDERWEAR.

Time 2 Hours

Price £45.00

Course of 3

Price £130.00

### HOPÍ EAR CANDLES

The ear candles have a purely physical function. A light suction action (chimney effect) and the movement of the flame create a vibration of air in the ear candle, generating a massage-like effect on the eardrum. This induces a pleasant feeling of warmth and balances the pressure in the ears, forehead and sinuses. It is soothing and helpful for earache, headache, ear noise, stress and nervousness.

Time 45 mins

Price £30.00

### EYE LASH PERM

A patch test MUST be carried out at least 24hrs before application.

The lash perm completely transforms the eyes without the use of mascara or lash curlers. Even short, straight, sparse lashes can benefit from this revolutionary treatment making lashes look longer and thicker even when wet, for up to 3 months. Includes free eye lash tint.

NO EYE MAKE-UP OR EYE PRODUCTS SHOULD BE USED BEFORE THE PERM.

Time 1 hour

Price £30.00

### TINTING

A patch test MUST be carried out at least 24hrs before application.

#### EYE LASH TINT

A Must for going on holidays or swimming, as the tint is water proof and lasts up to 4 weeks. Recommended to accentuate the eyes, particularly in the case of fair or sparse lashes, or for contact lens users.

Colour's available: Black, Brown, Navy.

Time 15 mins

#### EYE BROW TINT

An excellent substitute to eye brow pencil and for giving the brows more definition.

Time 10 mins

Price £5.00



## WAXING

### FOR REMOVAL OF UNWANTED HAIR

For this treatment we use only the best for our clients. The wax is a cream wax, which is much more moisturising for the skin. Tea Tree Oil a natural antiseptic, is present in the wax to help calm the skin for those who may have a tendency to irritation. Also present is peppermint oil which helps to cool the skin while waxing is in progress.

Results last for 4-6 weeks. Tea Tree antiseptic lotion is applied immediately after to help soothe the skin and calm down redness.

HALF LEG WAX .....	£11.00
HALF LEGS & BACK OF THIGHS .....	£14.00
FULL LEG WAX .....	£17.00
FULL LEG & BIKINI .....	£23.00
BIKINI .....	£7.00
ARM WAX .....	£7.00
UNDERARM .....	£7.00
LIP WAX .....	£3.50
EYEBROW WAX .....	£4.50
LIP & CHIN .....	£6.00
LIP, CHIN & EYEBROWS .....	£9.00
FACIAL WAX, NECK & CHEEK .....	£10.00
ABDOMEN WAX .....	£3.00

### ADVANCED WAXING (Disposable Underwear Provided)

CALIFORNIAN WAX (High Bikini Line) .....	£10.00
HOLLYWOOD WAX (Landing Strip) .....	£17.00
BRAZILIAN WAX (all gone) .....	£25.00

INGROW GO (For ingrown Hair Problems) .....

£11.95

## MAKE-UP

For that special occasion, make-up applied to last all day or night. Lie back, relax and enjoy the professional touch.

CLEANSER AND MAKE-UP .....	£13.00
BRIDAL MAKE-UP (including trial) .....	£25.00

### MAKE-UP LESSON

Personal advice and all your questions answered. Consultation includes advice on skin care, colour selection and application techniques.

Time 45 mins

Price £25.00



## ELECTROLYSIS

Aplus Hair Removal Treatment, much more efficient and comfortable method.

MINIMUM CHARGE .....	£5.00
UNDER 20 MINS .....	£1.00 per min
OVER 20 MINS .....	75p per min

### BROKEN CAPILLARY TREATMENT

Based on a similar method as electrolysis, this treatment is very successful in removing fine capillaries and red spots on the face.

Time up to 15 mins Price £25.00

Includes consultation, needle and aftercare lotion

Follow up treatments:

10 mins — Price £20.00    15 Mins — Price £25.00    20 Mins — Price £30.00

### SKIN TAG REMOVAL

The removal of small stalk shaped tags of loose fibrous tissue, most commonly found on the neck or underarms.

Time 10-15 mins Price £25.00

Including consultation needle and aftercare lotion

### WHITE HEAD REMOVAL — MILIA

Small hard white lumps, usually found on the upper cheeks and around the eye area.

Time 10-15 mins Price £25.00

Including consultation needle and aftercare lotion

With Broken Capillaries, Skin Tags and Whiteheads, price may vary depending on amount to be removed — A consultation is necessary to assess area.

## FEET

### NAIQUES PEDICURE

The ultimate treat for feet. A full pedicure with the added benefits of electrically heated boots.

- Helps aching stiff joints.
- Improvement of skin texture and general appearance.
- Relaxation of muscles.
- Release of dead skin and bacteria build up.
- Stimulation of circulation.
- Revitalise dehydrated/mature skin.



Time 1 hour 15 mins Price £20.00 with French paint £22.00

### PEDICURE

Feet need looking after too. Have your nails trimmed, cuticles treated, hard skin removed, feet massaged and polish applied.

Time 1 hour Price £16.00 with French paint £18.00

### MINI PEDICURE

Clients are advised to wear or bring open toed sandals/mules, to allow polish to dry without smudges.

Disposable Flipflops available at a charge.

## HANDS

### NAILTIQUES MANICURE

The Nailtiques Manicure uses products from the range which have been formulated to treat specific nail conditions. The cuticles are treated with formulas to soften and nourish. Electrically heated mittens are also used as the warmth encourages essential vitamins and minerals to be absorbed more easily.

Excellent for stiff joints and dry chapped hands.

**Time 50 mins** **Price £16.00** with French paint **£18.00**

### MANICURE

Have your nails groomed. This treatment includes cuticle treatment, hand massage and nail paint (a colour of your choice), or french manicured.

**Time 40 mins** **Price £12.00** with French paint **£14.00**

### MINI-MANICURE

Try a quick mini-manicure for clients who just need a touch up. Includes nail paint.

**Time 15 mins** **Price £6.50** with French paint **£8.50**

### NAIL PAINT

A quick file and paint.

**Time 5 mins** **Price £5.00**

### FRENCH MANICURE

Filed and French polish applied.

**Price £6.00**

### NAIL REPAIR

For cracked, split or torn nails.

**Price £4.00**

### NAIL ART

Can be applied to your own or false nails.

With a wide range of colours and designs, the choice is endless.

**Price varies from 50p for 1 nail paint and 75p each Jewel.**

**Time 30 mins**



## FALSE NAILS

### EXPRESS NAILS

For that special occasion, filed and painted they will last from 1 to 3 weeks, coloured or french polish.

**Time 30 mins** **Price £17.00** with French paint **£18.00**

### REMOVAL OF FALSE NAILS

Including Mini-manicure.

**Time 45 mins** **Price £10.00**

### REMOVAL OF GELS/ACRYLICS

Including Mini-manicure.

**Time 1 hour** **Price £15.00**

## BIO SCULPTURE GEL NAILS

Please call for a consultation prior to application of gel nails.

A nail coating that is applied as a coating to natural nails. It strengthens and conditions your nails without damage.

- No damage to natural nails
- No fumes
- No Dust
- No Odours
- Crystal Clear Gel

### CLEAR GEL TIPS

**Time 1 hour 15 mins** **Price £30.00**

### TIPS WITH FRENCH

**Time 1 hour 30 mins** **Price £35.00**

### CLEAR GEL OVERLAY

**Time 45 mins** **Price £20.00**

### OVERLAY WITH FRENCH TIPS

**Time 1hour** **Price £25.00**

### CLEAR INFILLS

**Time 45 mins** **Price £15.00**

### REMOVAL OF GELS/ACRYLICS

**Time 1 hour** **Price £20.00**

### NAIL REPAIR

**Each Nail** **Price £4.00**



## SEMI-PERMANENT MAKE-UP WAKE UP WITH MAKE-UP

### LASTING ENHANCEMENTS?

Semi-permanent make-up, imagine the possibilities! Wake up looking beautiful. Step out of the shower, emerge from the pool or the gym with your eyebrows, eyeliner and lip colour perfectly in place. Well it is now possible, you can look wonderful 24 hours a day with this medically approved procedure.

Semi-permanent make-up eliminates the chore of having to apply, re-apply, and remove your make-up every day, and it will always look professionally applied.

### WHAT IS SEMI-PERMANENT MAKE-UP?

It is an exciting new procedure, in which carefully applied permanent pigment is placed into the dermal layer of the skin. The pigment is made of a natural iron oxide. It is hypo-allergic, and there are no fragrances, emollients or other ingredients added.

Your preferred colour is implanted into a lower layer of the skin, where it remains for up to 5 years. The pigments we use are non-reactive and virtually limitless in the choice of colour available. This make-up is perfectly safe and has been approved by doctors and written favourably about by many respected beauty writers.

EYEBROWS .....	£250.00
LIPS .....	£280.00
EYELINE (top or bottom) .....	£150.00
EYELINE (top and bottom) .....	£250.00
FULL FACE.....	£700.00
BEAUTY SPOT.....	£75.00

## SUN FX — SPRAY TAN

- Natural looking spray on tan.
- Sprayed on by Therapists.
- 3 parts air, 1 part tan.
- Dries instantly.
- Bronzer gives an instant tan and the developer works over the next 12 hours with your natural skin pigmentation.
- Staying power = 5-7 days.
- No streaks.
- Totally odourless.
- Moisturising your skin regularly will extend the life of your tan.

### BEFORE TANNING

1. Exfoliate your body before you tan. Pay attention to rough areas like knees, elbows, ankles and the tops of your feet.
2. Do not apply moisturiser to your skin before you come for your tan, as this will reduce your tanning result. Make-up has a similar effect should you want your face tanned.
3. Wear attire appropriate for tanning. We suggest old dark, loose clothing. Do not wear jewellery, no watches if possible. Bring hair clip, if hair is long.

FULL BODY .....	£30.00
(Top-up within 3 days).....	£15.00
HALF BODY .....	£15.00
(Top-up within 3 days).....	£7.50

## MONTHLY CLINICS

### FACIAL LINE SOFTENING

#### FACIAL LINE SOFTENING

Hyperactivity of the facial expression muscles often results in the development of deep frown lines, forehead lines and/or crows feet. Injecting treatments into the affected area temporarily relaxes the underlying muscles responsible for wrinkling, giving the face a more relaxed and pleasant appearance. The overall result is very natural.

#### DERMAL FILLER

Dermal filler is a clear gel, which binds with water, creating volume within the skin, smoothing lines, wrinkles and folds. Dermal filler is typically used for naso-labial lines (folds running from the nose to the corner of the mouth), sad lines (from the corner of the mouth), mouth angle depressions and smokers lines.

Dermal filler is also used to sculpt beautiful lips. The lip border alone can be contoured to give more definition, or more pouting and fullness can be created in the body of the lip.

#### OTHER TREATMENTS (excess under arm sweating)

If you suffer from severe under-arm sweating, this can be successfully treated. Ask your doctor for advice.

All treatments £40.00 deposit upon booking

#### ANTI WRINKLE INJECTIONS

##### Frown/Forehead/Eyes

1 Area	£200.00
2 Areas	£290.00
3 Areas	£320.00
Hyperhidrosis Excessive Sweating, from	£600.00
Treatment lasts 3 - 6 months	

#### LIP ENHANCEMENT

Teosyal Kiss 1 ml	£360.00
Treatment lasts 6 - 8 months	

#### FILLING LINES & FOLDS

Hydrafil	£330.00
Ter-syal	£330.00

#### DISCOUNTS

2 Different Treatments	£30.00
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## FALSE TAN — EUROTAN

Have your tan professionally applied, for Weddings, Holidays or that special evening. Using Eurotan, which is instantly Golden Brown and lasts for 3-4 days. Guaranteed **NO** Streaking and easy application.

For best results clients are advised to use a body exfoliator days prior to application.

**Clients should NOT wear body lotion on day of application and also wear loose dark clothing.**

HALF LEG .....	£7.00
FULL LEG .....	£10.00
ARMS .....	£7.00
CHEST, BACK, FRONT & ARMS .....	£10.00
FULL BODY .....	£25.00

## SMILE GEMS



10 minutes

### Temporary Tooth Jewels

The Jewel in your smile  
No drilling or pain  
Temporary  
Finest Austrian Crystals  
10 Beautiful colours  
Under 16's (accompanied by adult)

Price £15.00

## EAR PIERCING

Quick and easy, this hygienic method is ideal for all ages. Ear-rings are gold plated. You choose from Gold, Silver, Plain/coloured diamonds, pearls.

Children under 16 years **MUST** be accompanied by an adult.

2 ears including ear-rings .....	Price £9.00
Ear-rings .....	Price £5.00
Aftercare Solution .....	£1.00

## Stockists of

- ❖ Clarins
- ❖ Guinot
  - ❖ Nimue Skin Care
  - ❖ He-Shi Tan
  - ❖ Top Image Tan
  - ❖ St. Tropez
  - ❖ Bio Sculpture
  - ❖ Australian Body Care Tea Tree
  - ❖ Nailtiques
  - ❖ Ingrow go
  - ❖ Barry M Dazzle Dust

## CANCELLATION POLICY

We reserved our time exclusively for you. Therefore a 24 hour cancellation notice is required, or a 50% of the full charge will be made.

and Advice given by qualified Beauty Therapists.

# ★ GIFT VOUCHERS ★

We are pleased to offer  
**GIFT VOUCHERS**  
to a value of your choice,  
or for a specific treatment.

A suitable gift for every occasion . . .

**Birthday's**  
**Thank-you's**  
**Mother's Day**  
**Christmas**  
**Valentine's Day**  
**Get Well Soon**  
**Anniversaries**

Available direct from Salon  
or  
by Phone using credit card  
**(028) 406 62552**

Lost or expired Gift Vouchers will not be honoured.  
Strictly valid for six months from date of purchase.